

THE SIXTH

15–19 January 2024

THIS WEEK...

PREPARING FOR
MOCK EXAMS /
ASSESSMENTS

Year 12 students have only 1 week until their assessments; Year 13 have only 5 weeks until their mock exams. In preparation for this we advise all students to use our [study planner](#) to help them organise their time. You can view the [assessment calendar here](#). See p.5 for the Year 13 Intervention timetable.

PROGRESS REPORTS

Students/parents/carers should have now received their progress reports. We encourage students to reflect on their current progress and what they may need to do to improve. If you have any concerns, please do get in touch. This [helpful video](#) can support parents.

AFRITWIN PARTNERSHIP

We are launching a partnership with a school in Kenya for students currently in Years 10–12. This will involve an opportunity to visit Kenya in July 2025 to spend time volunteering at the school. Please [click here](#) to read the full details, which includes an Information evening on **Monday 22nd January**.

WORK EXPERIENCE

Year 12 students should be now underway with securing a work experience placement. [Click here](#) for a helpful guide of how to add this to Unifrog.

MOCK ASSESSMENTS

To support students in making applications to apprenticeships, we have organised a trip to a mock assessment centre. [Click here](#) for more details.

EXTRA-CURRICULAR

This week students will spend a number of Form time sessions ensuring they have logged the Leadership and participation activities they've taken part in during Term 1. Please see your Tutor/Sixth Form team if you need any support.

UCAS DEADLINE

This is the final week to send your UCAS application in! If we have not received these by **Monday 15th January**, we cannot guarantee that these will be checked thoroughly before the final deadline (**31st January**).

Lynn High School
Sixth Form



WHAT'S ON THIS WEEK



CALENDAR

15–19 January 2024

DAY	YEAR 12	YEAR 13	OTHER EVENTS
MONDAY	<i>The Sixth</i> and Mentoring	<i>The Sixth</i> and Mentoring	BTEC exams (see p.7)
TUESDAY	World Religion Day	World Religion Day	Careers Advisor
WEDNESDAY	Mentoring and Leadership Ladder Club logging	Mentoring and Leadership Ladder Club logging	School Nurse, 1.15–2.10pm
THURSDAY	Mentoring and Leadership Ladder Club logging	Mentoring and Leadership Ladder Club logging	BTEC exams (see p.7)
FRIDAY	Futures Friday	Assembly – Replying to UCAS offers	

NEWS



Studying abroad

Our Year 13 students recently had an assembly from ex-Lymm student Phoebe Hampson on studying abroad and her experience of studying in the USA.



It was wonderful to see Phoebe back in school and the presentation she gave to students was very informative.

If students are considering this route, please see a member of the Sixth Form team for support.



BIRTHDAYS

- L. Coultert
- E. Drewe-Smith
- A. Ellis
- A. Hardman
- E. Johnson
- V. Tsveklinskyi

SPORTS UPDATE

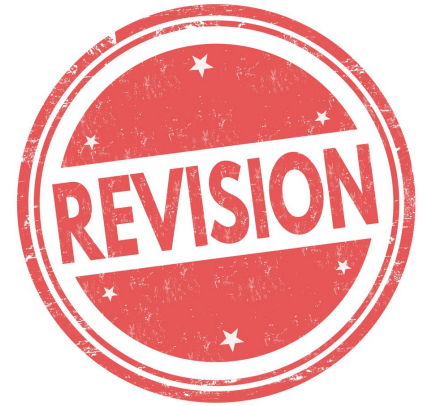
NETBALL

Unfortunately, in the third round of the National Cup, we lost vs. Kings Chester, 24/22.

The Player of the match was Ava Smith.



REVISION SUPPORT



Year 13 intervention sessions

The following intervention sessions are being run to support Year 13 in the run up to their mock exams.

Subject	Day	Time	Room
Economics	Monday	1.15–2.10pm	S106
PE	Tuesday	1.15–2.10pm	S208
Religion, Philosophy and Ethics	Tuesday	1.20–2pm	A208
Chemistry	Tuesday	1.45–2.10pm	E302
Biology	Tuesday	3.15–4.40pm	E307
Media - coursework clinic	Tuesday	3.20–4.30pm	B206
Sociology	Tuesday	3.10–4pm	S108
Media - coursework drop-in	Wednesday	1.15–1.45pm	B206
English Literature	Wednesday	3.15–4pm	S205
Music Technology	Wednesday	3.10–4pm	D203
Further Maths	Thursday	1.15–2.10pm	E103
Geography	Thursday	1.20–2pm	A217
History (Poverty and Public Health)	Thursday	3.30–4pm	A203
History	Friday	1.30–2pm	A201
English Literature	Friday	1.15–2.10pm	A120
Biology	Friday	1.15–2.10pm	E307 / E308



EXAMS



External exams this week

Good luck to students sitting the following BTEC exams this week.

Date	Time	Title	Duration
Monday 15th January	8.45am	Personal and Business Finance (Business)	2 hours
	8.45am	Working in Health and Social Care (Health & Social)	1 hour 30
	8.45am	Investigation Business in Sport (Sport)	3 hours
	1pm	Digital Working Practice (IT)	1 hour 30
Thursday 18th January	8.45am	Dev & Provision of Sport & Physical (Sport)	2 hours 30





SENIORS PROJECT NIGHT

Do you want to start 2024 trying something new?

Project Zone's next 6-week block starts

Sunday 7th January.

for young people aged 12-19 years (25 with additional needs)

Sessions are held between 4-8pm and each session lasts
between 1-2.5hrs depending on the activity.

- Badminton *7pm
- Baking *7pm
- Boxing *7pm
- Dance Squad *4pm
- Fundraising for WYZ *6pm
- Music Jam session *7pm
- Performing Arts *5pm
- Song writing *6pm

**Youth Zone Membership is required (one off £5 payment)
then 50p per session **

Book on the Warrington Youth Zone Website or at reception.

Limited Spaces available!

For further information email dawn.dean@wyz.org.uk

Monday 15th January is known as 'Blue Monday', supposedly the most depressing day of the year. Follow these five steps to look after your wellbeing.

Looking After your Wellbeing

Here are 5 easy tips from Life Lessons to help your wellbeing. Small changes can help us with stress relief, mental wellbeing and wellness.



Stay Hydrated

01

Drink plenty of water to prevent headaches and dehydration. Being hydrated also improves your serotonin production.

Try to relax before you sleep to ensure a better quality of sleep. Most people need 7 hours of sleep a night to function well.

Get a Better Quality of Sleep



Enjoy some Fresh Air

03

Go for a walk outside to benefit from some fresh air and exercise. Fresh air can rejuvenate the mind and improve alertness.

Doom scrolling getting you down? Try to have 30 minutes of no screen time, maybe before bed or when you go for a walk.

Limit Screen Time



Seek Support

05

Reach out to family, friends or organisations like Young Minds for support.



FUTURES

OPPORTUNITIES

Year 12 LSE online Explore Programme

Deadline for applications: Sunday 11th February

The London School of Economics and Political Science (LSE) is offering students a fantastic opportunity to take part in their Explore programme, which will give participants the chance to attend subject taster events to find out more about studying these subjects at LSE. There will also be the opportunity to hear from an LSE Admissions specialist to gain a better understanding of the higher education application process and the specifics of making an application to LSE.

The programme is a virtual event series delivered by Zoom. The schedule is as follows:

- *Tuesday 5th March*
Psychological and Behavioural Sciences, 5.30–6.30pm
Admissions Session 1, 4–5pm
- *Wednesday 6th March*
Philosophy, Logic and Scientific Method, 5.30–6.30pm
- *Thursday 7th March*
International Relations, 5.30–6.30pm
- *Saturday 9th March*
LSE Student Life Q&A, 5.30–6.30pm
- *Monday 11th March*
Government, 5.30–6.30pm
- *Wednesday 13th March*
Geography and Environment, 5.30–6.30pm
Admissions Session 2, 4–5pm
- *Thursday 14th March*
Management, 5.30–6.30pm

To find out more, [click here](#).

FUTURES

OPPORTUNITIES



Veterinary Science residential course

8–10th April 2024

Deadline to apply: 31st March

The University of Cambridge Department of Veterinary Science is holding an Introduction to Veterinary Medicine residential course in April. VetCam24 is a two and a half day course is designed to give Year 11 and 12 students an insight into studying veterinary medicine in general and also to show the unique benefits of the Cambridge course through a mixture of lectures, discussions, practical demonstrations and tours of the preclinical departments and clinical areas.

The programme will also provide an insight into life at a Cambridge college, and a chance to meet staff and current students.

Places will be limited to 130 on first-come-first-served basis. You are advised that only students who are predicted Grades A/A* in all subjects will be invited. Please note that Chemistry A' Level is mandatory, and we strongly recommend two other science subjects, normally Biology, Physics or Maths.

The cost is £320.

For further information, and to apply, please [click here](#).





ENTRIES ARE NOW OPEN FOR THE CAMBRIDGE
CENTRE FOR ANIMAL RIGHTS LAW'S




ESSAY COMPETITION

<1000 WORDS | 1 ENTRY PER PERSON

DEADLINE 4 MARCH 2024




£250 PRIZE
for winners'
schools +
commendation
certificates




Entrants can approach the essay question from various perspectives and are not limited to a legal one.

This year, we are inviting essays addressing the following statement:

“Whether autonomous, nonhuman animals have rights that ought to be ‘recognized by law’ is precisely the question [courts] are called upon to answer ... The immensity of that question does not place it exclusively within the domain of the legislature”.



*Taken from the judgement of Judge Jenny Rivera,
New York Court of Appeals, in Nonhuman Rights Project
(Happy) v James Breheny, No 52, 14 June 2022*



Learn more and submit entries at
animalrightslaw.org/essaycompetition

Warrington Apprenticeships & Jobs Fair

Wednesday 7th February, 5–8pm, Warrington Youth Zone

This event is organised jointly by the Pledge and Warrington Borough Council. The event is free and everyone is welcome no matter what stage you are in your career. All exhibitors are local employers with either live job vacancies or apprenticeships or will be recruiting within 2024.

For further information, and to sign up, [click here](#).

Daresbury Laboratory Open Evening

Thursday 8th February, 5–8pm.

See p.14.

Daresbury Laboratory Apprenticeships

Deadline to apply: 18th February 2024

Please [click here](#) to view the current vacancies and how to apply. See also p.16.

- Please [click here](#) to see this week's list of current apprenticeships in the Warrington area. For further details and to apply for any of these vacancies go to the [National Apprenticeship Website](#).
- [Click here](#) for the 2023/24 Higher and Degree Apprenticeships vacancies.
- [Click here](#) for the 2022 Top 100 Apprenticeship Providers.
- Further opportunities in Cheshire and Warrington can be viewed [here](#).
- **Don't forget to use [Unifrog](#) to search for Apprenticeship opportunities too!**

The Unifrog logo consists of the word "unifrog" in a white, lowercase, sans-serif font, centered within a solid green square.

FUTURES OPPORTUNITIES

APPLYING TO APPRENTICESHIPS



Apprenticeships



STFC Apprenticeship Open Evening

Whether you're leaving school, changing career, or seeking a challenging alternative to university, STFC offers a range of opportunities to launch your new career through one of our Apprenticeship programmes.

Daresbury Laboratory, Daresbury, Warrington, WA4 4AD

Thursday 8th February 2024, 5:00pm to 8:00pm

There are three time slots available:

5:00pm to 6:00pm, 6:00pm to 7:00pm, and 7:00 to 8:00pm

Please register your chosen time slot in advance via: bit.ly/DL-Apprentice



Apprenticeships



5-11 FEBRUARY 2024
NATIONAL APPRENTICESHIP WEEK



Learn more about our engineering, computing and other apprenticeship opportunities: stfccareers.co.uk/apprenticeships

Scan the QR code to register

Barratt Developments Higher & Degree Apprenticeships

Learn while you earn with Britain's leading housebuilder.



Could you help build the homes of tomorrow? Barratt's higher-tier apprenticeships are a great alternative to full-time university study. Explore your potential in the construction, quantity surveying, technical or real estate side of the industry.

As a Higher or Degree Apprentice, you'll be supported in your learning from day one. And you'll never be short of career advice.

Barratt combines real-world projects with part-time university study and professional development training. You'll earn qualifications that'll come in useful throughout your entire career.

To get more information download the e-brochure by [clicking here](#).

To read the January 2024, Apprenticeships newsletter, [click here](#).



Science and
Technology
Facilities Council

Apprenticeships

Daresbury Laboratory,

Sci-Tech Daresbury Campus



The Science and Technology Facilities Council (STFC) supports research in astronomy, physics and space science, and operates world-class research facilities for the UK.

STFC is a place where curious minds push the boundaries in engineering, technology and science. our mission is to deliver world-leading national and international research and innovation capabilities and, through those, discover the secrets of the Universe.

We help ensure a future pipeline of skilled and enthusiastic young people by using the excitement of our sciences to encourage wider take-up of STEM subjects (science, technology, engineering and mathematics) in school and future career decisions.

Apprenticeships

If you want to play a key part in ensuring our world-class projects and facilities keep driving forward have you considered our Gold accredited, award-winning Apprenticeship Scheme?

We are looking for people who will relish the opportunity to work towards their chosen apprenticeship; developing knowledge, skills and behaviours whilst making a real difference in their role.

We are recruiting apprentices in roles as diverse as:

- Engineering
 - Level 3 Mechatronics
 - Level 3 Electrical/Electronics
- Computing
 - Level 4 DevOps
 - Level 6 Software Engineering (degree)
 - Level 6 Network Engineering (degree)
 - Level 6 Digital Design (degree)
- Science Support
 - Level 3 Laboratory Technician
 - Level 3 Business Administration
 - Level 6 Project Management (degree)

To find out more about our apprenticeships, use the QR code:



The British Army: Apprenticeships and Scholarships

Tuesday 16th January 2024, 6.30–7.30pm

This insight webinar for parents and carers aims to answer all the questions you may have about your child starting their career with the British Army.

The webinar will discuss apprenticeships, bursaries and scholarships. It will offer valuable insights into educational and career opportunities within the Army, providing a holistic understanding of the benefits, financial support, and quality training available to young people. By participating, parents can better guide young people in making informed decisions about their future, helping them explore the diverse pathways, gain financial assistance, and develop skills that will benefit their military career and beyond.

If you have any questions that you would like to ask, answer this [short survey](#) and join the event to have all your questions answered within the Q&A session.

To register, [click here](#).



Real Estate Apprenticeships with CBRE

Tuesday 23rd January 2024, 6.30–7.15pm

Students in Years 12 and 13 who are interested in exploring a career at the World's largest Commercial Real Estate & Investment services firm should register for this webinar.

Hear from the Head of Next Generation Recruitment at CBRE alongside two current apprenticeships about the different opportunities available. There is a wide range of career paths and opportunities that await you in this industry that is focused on people above everything else.

- 6.30pm: An introduction from Success at School
- 6.35pm: Presentation on Apprenticeships at CBRE from Hannah Twelvetrees
- 6.50pm: Hear from two of CBRE's current apprentices
- 7–7.15pm: Live Q&A session hosted by Success at School

To register, [click here](#).



Apprenticeship opportunities in digital with Google

Tuesday 30th January 2024, 6.30–7.15pm

At this webinar, students can hear from the Head of Apprenticeships at Google alongside two current Apprentices about the different opportunities available.



Apprentices become part of our mission to build great products for every user, and their different experiences help ensure that our products are as diverse as our users. Apprenticeships contribute towards the development of digital skills by providing opportunities for work and study. They can serve as part of your journey to a meaningful career. During the programme, apprentices get exposure to different areas and teams at Google, while receiving external training and developing their professional skills on the job.

To register, [click here](#).

FUTURES OPPORTUNITIES

APPLYING TO APPRENTICESHIPS



NATIONAL APPRENTICESHIP & EDUCATION EVENTS NORTHWEST



Inspirational Careers Event

The Etihad **Manchester City FC**

Tuesday 19 March 2024 | 9.30am - 3pm

SCHOOLS, SIXTH FORMS COLLEGES BOOK YOUR GROUPS IN NOW!

The National Apprenticeship & Education Event attracts thousands of people interested in finding out more about **colleges, universities, apprenticeships, traineeships, Advanced British Standards** and **career options**.

100's of Schools, Sixth Forms and Colleges have already booked their student groups in to visit The National Apprenticeship & Education Event in Manchester.

The event, which is free to attend, takes place every March.

Those who attend receive face-to-face careers advice, guidance, and conferences in a fun and interactive environment.

That's not all, you will meet many Gatsby Benchmarks by attending the show!



Talk to
employers
face-to-face

Get
advice
on higher
education

Be
inspired
about the
future

Register
your **FREE**
places
today

Register your places at nationalapprenticeshipevents.co.uk

Or you can call 0800 023 5407 for more information



CAREERS

Our [careers website](#) includes a [calendar of events](#), [labour market information](#) and a link to [Unifrog](#).



In Cheshire and Warrington, the industry sectors that are growing include life science, digital & technology, logistics & distribution, energy, zero carbon and clean growth. Find out more [here](#).

Key sectors with significant levels of employment are: chemicals, manufacturing & engineering, finance & business services, and health & social care.

Upcoming Events

- **The British Army: Apprenticeships and Scholarships** (see p.17)
Tuesday 16th January 2024, 6.30–7.30pm
- **Open Evening at Waterside Training**
Wednesday 17th January
- **Real Estate Apprenticeships with CBRE** (see p.18)
Tuesday 23rd January 2024, 6.30–7.15pm
- **Nuclear Careers Evening**
January 24th January
- **Year 13 Solicitor Degree Apprenticeships masterclass**
Tuesday 30th January, 4.30–6pm
- **NHS Virtual Allied Healthcare Work Experience**
Sunday 4th February, Sunday 3rd March (9–5pm)
For further information, [click here](#).
- **Warrington Apprenticeships & Jobs Fair**
Wednesday 7th February, 5–8pm, Warrington Youth Zone
For further information, and to sign up, [click here](#).

For details of all these events and more, [click here](#)..

Springpod work experience programmes

Springpod's Virtual Work Experience programmes are due to be launched very soon. Students are being encouraged to register in advance so that they can access the free programmes offered by top employers. Participation in these experiences will empower students to:

- Explore and gain hands-on knowledge in their desired career paths
- Connect with industry professionals and mentors
- Develop a competitive edge in today's job market

How it works:

1. Fit the experience around your schedule

The programmes usually involve around 10 hours of activity, which you have 2 weeks to complete. You can fit this around your schedule and complete the work in your own time.

2. Join talks with industry professionals

You'll hear from industry experts during the talks. This will give you the chance to understand what their roles really involve.

3. Experience real workplace activities

Complete mini-activities, projects and quizzes developed in partnership with leading employers to get a feel for the world of work.

4. Take off with new skills and industry insights

Develop crucial workplace skills and discover unique insights about your industry of choice. When you've finished the programme, you will receive a certificate that you can use to build your CV or Personal Statement.

For further information, [click here](#).



Explore your career ideas with Springpod and Viasat Beyond: Space

Apply now to take part in a fantastic experience with Viasat, a global satellite communications company.

16 to 18 Years only

Fantastic prizes including:

- An invitation to to the Viasat Sustainable Space Experience Week
- An education grant of up to £7,500

When we think of sustainability, we often think of our environment, our resources, and our planet. But with the launch of satellites in space on the rise, it's time to take sustainability further than ever before – from the space around us to the space above us.

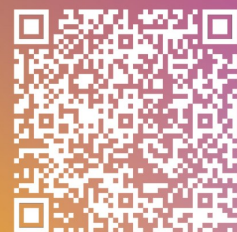
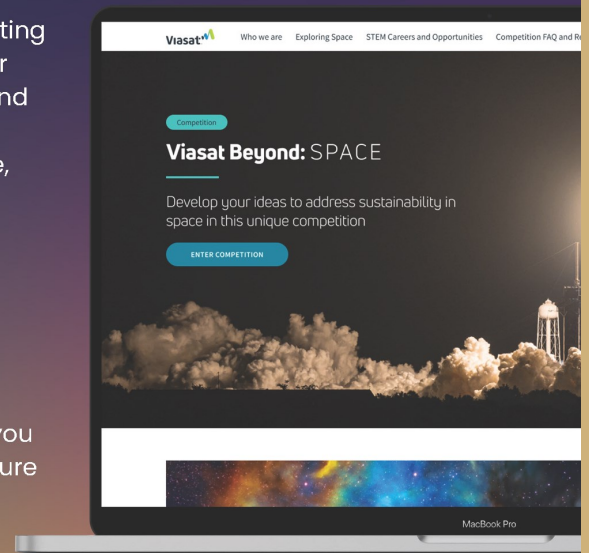
Could you be part of the solution?

Viasat is a global satellite communications company operating in space, and, in this unique competition, they are looking for you to develop ideas to help space stay sustainable, safe, and equitable. Powered by Viasat, in partnership with Springpod, you'll explore what it takes to address sustainability in space, and, if successful, you could even pitch your idea to the professionals themselves.

What do you need to do?

- Take part individually or in a group of up to 3
- Complete a series of projects across three phases
- Whether you complete just phase 1 or move to phase 3 you will gain a huge amount of experience to add to your future applications
- Respond to a project brief around the concept of sustainability in space
- Submit your entry
- If successful you will be invited to an all expenses paid trip to London to present your final project to a panel of experts
- You will receive mentors and coaching to build your confidence and refine your presentation

Ready to get started click this link or scan the QR code to enter this exciting competition.



Scan Me



To view the latest online University events, [click here](#).

These are listed in chronological order and include Open Days (in-person and virtual), online chats and webinars. Students can browse these events and engage with higher education from the comfort of their mobile, tablet or computer.

UCAS

- **Year 12 UCL Masterclasses**
*Tuesday and Thursday (4–5pm),
January to April (online)*
- **Year 12 LSE online Explore Programme**
Deadline for applications:
Sunday 11th February
(see p.10)

- **Veterinary Science residential course**
8–10th April 2024
Deadline to apply: *31st March*
(see p.11)
- **Christ's-King's Programme 2024**
*February and March 2024 (online and
in-person in Cambridge)*
For more information and how to
apply, [click here](#).

For details of these events and more, [click here](#) to access our dedicated UCAS webpage, and click the button '**What's on this month**'.